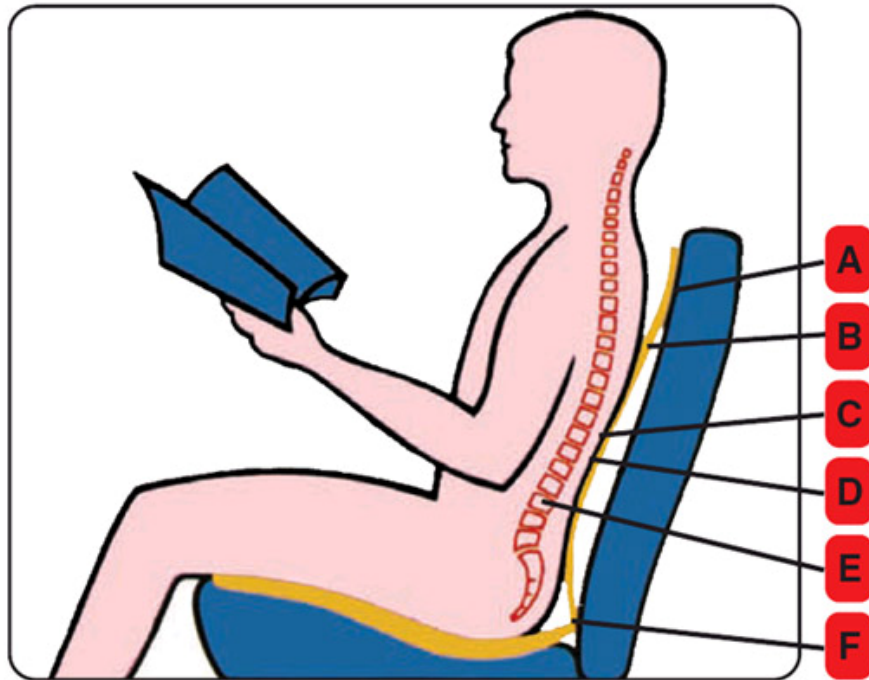


AT LAST RELIEF...



BACKFRIEND®

Designed from expert knowledge with the anatomical, orthopaedic and ergonomic aspects of pain free seating firmly in mind. And it is recommended by physicians and surgeons both in the UK and abroad.

Above all else the Backfriend is adaptable. Whether the chair you have to sit on is soft and sagging, as upright as a church pew or even a bench against a wall, Backfriend is designed to bring relief from backache or sciatic pain.

BRINGS YOU COMFORT AND RELIEF. USE IT WHEREVER YOU GO. SUPER LIGHTWEIGHT

Backfriend is constructed from a very strong material but it is still light to carry. The inbuilt handle and easy closing fastener enable you to carry it wherever you go. Or, for even easier portability, a custom made carrycase for your Backfriend is also available.

- A** Hand grip for easy carrying.
- B** Robust lightweight construction.
- C** Quality fabric covering in 7 colourways.
- D** Firmly padded for comfort in fire resistant CMHR polyether foam.
- E** Maximum anatomical support in spinal area.
- F** Easy to adjust hinges ensure the back rest curve is always at the right height for you.

HOW TO USE BACKFRIEND®

1. Select the height of the backrest at which you are most comfortable.
2. For maximal relaxation, have the backrest at 15 - 20° from the vertical.
3. To get the best from Backfriend your thighs should be well supported by the seatbase. If your chair is too low, raise the seat base with cushions, if too high use a foot rest.
4. If used in a semi or fully reclined position, raise the front of the seatbase slightly to maintain your position.
5. As with any seat, avoid sitting for an extended period in the same position.
6. Do not carry wallets et al in trouser back pockets when using the Backfriend. The fabric may wear against the hinges.